

# Singing Practice Tips



Leanne Hoad  
Singing Studio

Singing Lessons

**Bring Out Your Voice!**

415 Magill Road  
St Morris SA 5068

p: 8364 0773

e: lhss@leannehoad.com.au  
w: www.leannehoad.com.au

## Practice CDs:

Recording each singing lesson is a good way to recall what the teacher says each lesson and gives the student a record of the exercises and song they do each week. This makes it possible to practice at home in between lessons.

At the Leanne Hoad Singing Studio we ask the students to bring along a blank CD-R to lessons. Alternatively they can purchase one from the Studio (for \$2.50).

## Singing Practice:

Practice obviously helps the improvement process.

As the singing process can be physically demanding, we suggest to beginners to practice no more than 40 minutes per day. Two to four quality practices each week gives the voice the opportunity to improve without overdoing it.

In experienced singers, the vocal muscles are more developed having developed *vocal stamina*. They can benefit from longer practices; up to 45 minutes a day.

However, the brain and body responds better to shorter, more frequent practices. For example, two practices a day for about 15 minutes is the ideal.

Shorter, more frequent practices are always better than one huge practice of 1 ½ hours on the weekend before your lesson for example.

The practice must be *quality practice*. That is, consciously applying techniques you've been taught.

Never let your voice get to the point where it is hoarse at the end of a practice session. This hoarseness is usually due to incorrect singing and/or too much of it. If this is happening, supervision by a singing teacher is recommended.

For home practice, you can view the lyrics to the songs you sing in lesson, by typing into Google or your favourite Search Engine the title of the song followed by the word lyrics. This will reduce the search..

## Lesson preparation

Do the following to be prepared for your lessons:

- Be punctual as we cannot extend lessons for latecomers.
- Check our Music Catalogue on the LHSS website if you want to do certain songs (private lesson students). You can also come into the Studio before your lesson to *listen* to these songs on the Studio's 'Kiosk' computer.
- Bring to lesson your CD's or iPods (private lesson students) if you wish to sing songs that the Studio doesn't have.
- Bring a water bottle to each lesson.
- Bring your homework book each week (of applies)